### Manhattan Common Table Community Meals

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun*</td>
<td>6-7 pm</td>
<td>700 Poyntz Ave - 1st Congregational</td>
</tr>
<tr>
<td>Tues*</td>
<td>7-8:30 am</td>
<td>601 Poyntz Ave - St. Paul’s Episcopal</td>
</tr>
<tr>
<td>Tues</td>
<td>6-7 pm</td>
<td>801 Leavenworth - 1st Presbyterian</td>
</tr>
<tr>
<td>Wed*</td>
<td>7:30-8:15 am</td>
<td>801 Leavenworth - 1st Presbyterian</td>
</tr>
<tr>
<td>Wed*</td>
<td>6-7 pm</td>
<td>612 Poyntz Ave - 1st United Methodist</td>
</tr>
<tr>
<td>Thurs</td>
<td>6-7 pm</td>
<td>930 Poyntz Ave - 1st Lutheran</td>
</tr>
<tr>
<td>Fri</td>
<td>7-9 am</td>
<td>601 Poyntz Ave - St. Paul’s Episcopal</td>
</tr>
<tr>
<td>Fri</td>
<td>6-7 pm</td>
<td>930 Poyntz Ave - 1st Lutheran</td>
</tr>
<tr>
<td>Sat</td>
<td>6-7 pm</td>
<td>612 Poyntz Ave - 1st United Methodist</td>
</tr>
</tbody>
</table>

*Sack Lunch Available

### Food Pantries

The Flint Hills Breadbasket - 905 Yuma Street
Stop in or contact them at 785-537-0730
The nearest ATA bus stop is the red or green line, 1/2 mile away at the public library.

**Hours**

Monday-Friday 9:00-11:30 am
Emergency Pantry Monday-Thursday, 1:00-3:30 pm
Friday 10:00-11:30 am, 1:00-3:00 pm

SNAP Hotline: 816-929-3300 or snap@harvesters.org

### Harvesters Mobile Food Pantries - Drive through for food with no qualifications

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Address - City Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Friday</td>
<td>10 am</td>
<td>615 Gillespie Dr. - Manhattan Westview Community Church</td>
</tr>
<tr>
<td>2nd Thursday</td>
<td>10-11 am</td>
<td>303 Grant St. - Saint George United Methodist Church</td>
</tr>
<tr>
<td></td>
<td>11:30 am-1 pm</td>
<td>Hwy 24 and Balderson Rd. - Wamego Sports Complex Lot</td>
</tr>
<tr>
<td>3rd Tuesday</td>
<td>10 am</td>
<td>1710 Avery Ave. - Manhattan CICO Park (west Kimball Ave)</td>
</tr>
<tr>
<td>4th Tuesday</td>
<td>10 am</td>
<td>229 Willow St. - Ogden Community Center</td>
</tr>
<tr>
<td></td>
<td>1-3 pm</td>
<td>3rd and Leavenworth - Manhattan Parking Lot</td>
</tr>
</tbody>
</table>

Last updated 3/2/17 DDL
Shelter, Medical, and Dental Assistance for those who qualify
Manhattan Emergency Shelter INC - 416 S. 4th St., 785-537-3113
Flint Hills Community Clinic - Downstairs 401 Houston St., 785-323-4351
Konza Dental Clinic - 2030 Tecumseh Rd., 785-320-7134
Pawnee Mental Health Services - 2001 Claflin Rd., 785-587-4310
24 Hour Domestic Abuse Sexual Assault Crisis Center, 785-539-2785

Other Assistance Agencies
Shepherd’s Crossing - 621 Humboldt, 785-776-1470
Salvation Army - 308 Poyntz, 785-539-9399
Catholic Charities - 323 Poyntz, 785-323-0644
Workforce Development Center - 205 S. 4th, 785-539-5691
Substance Abuse Hotline - 785-370-7010
Ogden Friendship House of Hope - 785-537-5116

Community Gardening
Plots available by contacting UFM
785-539-8763, www.tryufm.org
communitygarden@tryufm.org
Participate with Common Table’s plot by contacting Melissa at 785-564-0277

Thrive! – Work to reduce poverty through relationship-focused programming that support the entire family. For more information, call 1-877-376-0032 or visit www.thriveflinthills.com.
Transportation

aTa Bus

Fixed Route Services Monday - Friday, 7 am-7 pm; Saturdays, 8 am-7 pm
$1.00 single ride for adult, $.50 single ride for youth 6-18, under 6 ride free
All children younger than 14 must be accompanied by an adult.
Monthly passes can be purchased for $30.00 at the aTa Bus offices,
Dillon’s in Manhattan, Hy-Vee, or Manhattan Town Center
Demand Response Service is also available by calling 785-537-6345.
For fixed routes and more information, visit rileycountyks.gov/ATA.

Green Apple Bikes

Free, limited time use bikes.
Use any GAB bike located in a bike rack, or simply one you find around town.
Please return bikes to a GAB bike rack within 4 hours.
Racks are located at various locations around town.
For a map of GAB locations and more information, visit greenapplebikes.com.